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| **Video #:** | On Track Videos**:** | **Description:** |
| 9.1 | Introduction to 9th Grade | Overview of what students will learn this year and how to use the OnTrack platform. |
| 9.2 | Attendance and Getting Organized | Discusses the importance of attending school daily and class preparation. |
| 9.3 | Self-awareness and Conflict Resolution | Discusses the importance of knowing yourself and resolving issues in a positive manner. |
| 9.4 | What is GPA and Why Is It Important? | Discusses why students should try to keep their GPA as high as they can throughout high school. |
| 9.5 | Getting to Know Your Teachers | Discusses why students, from the start of high school, need to make good impressions on their teachers. |
| 9.6 | How High School Is Different Academically | Discusses what students can expect to see differently while navigating the academic space of high school. |
| 9.7 | Note Taking | Shows how to become a better note-taker, and how to continue improving on this skill. |
| 9.8 | Developing Strong Study Skills | Discusses how students can pinpoint what study habits are best for them and work to improve them. |
| 9.9 | Math and Science Study Tips | Discusses good studying strategies for math and science classes. |
| 9.10 | Sharpening Your Writing Skills | Discussion of how to become a better writer, both for high school classes and beyond into the rest of a student’s life. |
| 9.11A | De-bunking College Fears | In this module, we debunk common college fears for students. |
| 9.11B | College Costs | Discussion of what costs are associated with how college, and how students will be able to pay for them. |
| 9.12 | Making New Friends | Discusses the ways students can reach out to others and make friends in a new environment. |
| 9.13 | The Importance of Going to College | Discusses why it’s important to go beyond high school to some form of post-secondary education. |
| 9.14 | Types of PSE Institutions | Discussion of the different post-high school options that are out there for students. |
| 9.15 | Goal Setting as a 9th Grade | Discussion of how students can successfully set and achieve goals both in high school and beyond. |
| 9.16 | Financial Goal Setting | Discussion of how to set good financial goals so that students can save money to put toward college. |
| 9.17 | Developing Agency for College | Explanation of how students can navigate the world, especially once they go off on their own to college. |
| 9.18 | Creating a Brag Sheet | Discusses what a brag sheet is and how students can create one for when they’re applying to colleges as a senior. |
| 9.19 | Bullying and Cyberbullying | Discussion of what bullying is, how students can recognize it, and how they can work to make sure bullying doesn’t happen. |
| 9.20 | Peer Pressure | Discussion of how to deal with negative peer pressure when faced with it. |
| 9.21 | Using Social Media Well | Discussion of how students can be smart about using social media. |
| 9.22 | Respecting Yourself | Discussion of how, in order to respect others, students first have to respect themselves. |
| 9.23 | Talking With Parents and Adults About Going to College | Discussion about how students can start the college conversation with parents, guardians, and other adults in their lives. |
| 9.24 | Choosing Your Classes | Discussion of what students should consider as they’re picking their classes for next year. |
| 9.25 | Role of the Counselor | Discussion of the ways a counselor can help students. |
| 9.26 | Extracurriculars and Electives | Discussion of how students can be smart about the extracurriculars and electives they choose. |
| 9.27A | Basics of Researching a Career | Steps students can take in 9th grade to start thinking about possible career options. |
| 9.27B | Career Planning - Assessment Tool | How to take the My Next Move/O\*Net Interest Profiler |
| 9.28 | Responsible Spending | Discussion of the good habits students can start forming around how much money they spend. |
| 9.29 | How to Succeed In Classes You’re Struggling In | Discusses how to get help and improve in classes where students aren’t doing well. |
| 9.30 | What is Mentoring? | Explanation of what mentoring is and why it’s helpful for high school students to have mentors. |
| 9.31 | Decision Making and Problem Solving | Discussion of how to improve one’s decision making ability. |
| 9.32 | Being a Good Citizen | Discussion of how to be a good citizen in the communities that students are part of. |
| 9.33 | Cultural Literacy and Social Sensitivity | Discussion of why it’s important for students to be culturally literate and socially sensitive. |
| 9.34 | Budgeting | Discussion of how to budget well so that students can save money for when they need it. |
| 9.35 | 529 Savings Plan | Discussion of how to open a savings plan. |
| 9.36 | What is a Major? | Defining what a major is so students know how to start thinking about what they might want to major in. |
| 9.37 | How to Start Researching Colleges | A tutorial on how students can start looking at the many college options they have. |
| 9.38 | 9th Grade Wrap-up | A wrap-up of the year, and discussion of what students can do in the summer. |